

Wellbeing Project Fund – Funded Projects

Academic Year 2023-24

Project Title	School
1. Winthrop House Relaxation Oasis	Harvard Law School
2. Rest and Renew Mindfulness Sessions	Harvard Kennedy School
3. Unseen	Harvard Graduate School of Design
4. Eliot House Letter Lab	Harvard College
5. GSAS-GSD Lawn Game Days	Harvard Graduate School of Arts and Sciences/Faculty of Arts and Science (Gov. Dept.)
6. Voice: Muscle of the Self: Sounding, Breathing, Group Improvisation, and Self-Awareness	Harvard Graduate School of Education
7. Reel Reflections	Harvard Kennedy School
8. World Mental Health Day Event	Harvard Medical School
9. Barry's Sunday Bootcamp Workouts	Harvard Medical School
10. Lindy Hop Lessons and Social Dance	Harvard Divinity School
11. Weld House Bike Riding Along the Charles	Harvard Divinity School
12. SEAS InTouch Reading Period Massages	Harvard Graduate School of Arts and Sciences/School of Engineering and Applied Sciences

Academic Year 2024-25

Project Title	School
1. Breathwork Workshop	Harvard Graduate School of Design
2. HMS Writing Retreat	Harvard Medical School
3. Lowell House Combating SAD	Harvard College
4. HLS Yoga	Harvard Law School
5. Rowing Club Event	Harvard Graduate School of Arts and Sciences
6. Fall Nature Retreat	Harvard Kennedy School
7. Portals of the Heart Creative Workshop	Harvard Kennedy School
8. GSAS Diwali Celebration	Harvard Graduate School of Arts and Sciences
9. HKS LGBTQ Community Lunch Series	Harvard Kennedy School
10. Roundtable with Rick Doblin	Harvard Kennedy School
11. Cultivating Strength and Serenity	Harvard Medical School
12. Sober Curious Workshop	Harvard Law School
13. Skip the Small Talk	Harvard Graduate School of Arts and Sciences
14. Heartbreak Half Marathon	Harvard School of Public Health
15. Burning Refuge Summit	Harvard Divinity School
16. Wellness Wednesday	Harvard Graduate School of Design
17. HMS FC	Harvard Medical School
18. Sounds of Diaspora	Harvard Graduate School of Education
19. One Harvard Happiness	Harvard Graduate School of Education

Academic Year 2025-26

Project Title	School
1. MPP One Table	Harvard Kennedy School
2. Longwood Block Party	Harvard School of Public Health
3. Letter Lab/Graffiti Quilt	Harvard College
4. A Clown's Guide to Conflict	Harvard Divinity School
5. LGBTQ+ Student Wellness Lunch	Harvard Kennedy School
6. Kintsugi and Grief	Harvard Divinity School
7. Mental Health in African Communities	Harvard School of Dental Medicine
8. HLS Yoga Association	Harvard Law School
9. HDSM Wellness Wednesdays	Harvard School of Dental Medicine
10. Winter Wellness Initiative	Harvard Graduate School of Arts and Sciences
11. Integrating Balint Groups	Harvard Medical School
12. HSPH Nutrition	Harvard School of Public Health
13. Forging Community and Wellness	Harvard College
14. The Art of Wellbeing Workshop	Harvard Graduate School of Education